The Family Flyer



Soldiers,

Veterans and

their Families

Supporting Military Families Cape Cod—Southeastern—SE New England

Fishing Trip for our Troops

DATE: SAT August 23

All Iraq and Afghanistan Veterans...join in for the 4th "SGT Mark Vecchione Rock Harbor Memorial Fishing Trip".

This is a four hour deep sea fishing trip

followed by a BBQ lunch. The trip will leave Rock Harbor at 8:15am. You may bring one guest. For wounded warriors who would like to attend we have several boats that are

handicap accessible.

Register by sending an <u>EMAIL</u> including the following info: Your name, dates of deployment & where, unit information, a contact phone number, the name of your guest (age if you are bringing a per-

son under 18) and

T-Shirt sizes for both of you.

Priority will be given to those

who have not attended in the past.

If you have any questions please email us or call 774-216-9052. Registrations must be done via email.

1st Annual Car, Truck & Motorcycle Cruise Night

DATE: SUN August 24 from 1:00 p.m.—5:00 p.m. LOCATION: American Legion 885, Pleasant St, Paxton

\$10.00 Donation per vehicle. Proceeds to benefit Project New Hope.

Food and refreshments available at the bar! Live music! Trophy for: People's Choice & Post's Choice. For more information call 508-753-9252.

3rd Annual Military Appreciation Day

DATE: SAT, August 23

TIME: 10:00 a.m.—2:00 p.m.

LOCATION: Porter and Chester Institute, 129

Flanders Road, Westborough Free and open to the public!

Hosted by the Porter and Chester Institute. Join them for a family friendly day as they show their support to their Military PCI students and staff.

- Free food and beverages
- Kids activities
- Face painting
- Bounce house
- Music
- Military vehicles on display
- T-Shirt fundraiser to benefit Project New

Hope

For more information call 508-366-0296 or visit their WEBSITE.

Free Fun Fridays

DATE: FRI August 22

67 Museums & Cultural Venues open for FREE on Friday's all summer!

-Museum of African American Histor

-Boston Children's Museum

-New Bedford Whaling

Museum

-Berkshire Museum

-Emily Dickinson Museum-

Old Manse, Trustees of Reservations

Visit their WEBSITE for the whole summer schedule!

Commander's Cup

DATE: Saturday August 23 @ 1600

LOCATION: Field #1 (Rotary next to Eagles' Nest) & Field #2 (Coast Guard Field)

Each game will be as many innings as each group can play within 45 minutes with a 14 run mercy rule.

If you have any questions feel free to contact Capt Dennis Swift via EMAIL.



Good to Know

Heroes Haul 3 Miler

DATE: October 18 @ 10:00 a.m. LOCATION: Hyannis Village Green

Wear your favorite Superhero costume!

\$20 registration fee before October 16 for Heroes Haul 3 Miler.

\$25 walk up registration fee.

\$5 for Little Heroes Haul.

PLUS! Prizes for best individual and team costumes! Register on their <u>WEBSITE</u>.

Number pick up & walk up registration October 17th (1-5 pm) & October 18th (8-9:30 am).

Wounded Warrior National Soldier Ride

DATE: THUR September 9 @ 9:30 a.m.

LOCATION: Falmouth

Come support our soldiers ride!

You can help by: Being ride day support, making goodie bags, holding posters or signs, and taking pictures.

For more information visit their WEBSITE.

NASCAR Tickets

DATE: September 21

LOCATION: New Hampshire Motor Speedway,

Loudon, NH

The MWR Office will have tickets for the NASCAR Sprint Cup Series Sylvania 300 Race. Discounted grandstand tickets are available for \$25 each (regular price \$60-\$80). Transportation to the race is not included.

In the event of rain or postponement for any reason, there are no refunds.

The race will be run the next race—able day, and your

ticket will be valid for

that date.

For more

information visit their <u>WEBSITE</u>.



Red Cross Blood Drive

DATE: September 4 from 9:00 a.m.—2:00 p.m. LOCATION: Rub Tent behind the Eagles Nest

People with access to Otis Air National Guard Base are encouraged to donate. Sign up online for a donation appointment by visiting their <u>WEBSITE</u>. In the 'Find a Blood Drive' box enter the sponsor code 102IW. You will be provided with a list of available appointments. Alternately you may contact Mr. Tim Sandland at extension 4697 to schedule an appointment if you aren't able to via the website. Volunteer to assist with Red Cross staff to by

contacting Mr. Sandland.

Charity Golf Outing

DATE: September 19

Registration starts at 11:00 a.m. LOCATION: Shaker Farms Country Club, Westfield

Levels of participation:

Golfer; \$100.00— Includes: golf, cart, tournament packet, lunch and dinner, awards, and long drive, closest to the flag.

Par; \$250.00—Includes: Tee sign on hole.

Birdie; \$250.00—Includes: 3 Tee signs on practice green.

Eagle; \$500.00—Includes: Two golfers and your business signs in the dining area.

Double Eagle; \$1000.00—Includes: One four-some for tournament, logo/name on all printed materials and 2 Tee signs on course.

Old Sturbridge Village

LOCATION: 1 Old Sturbridge Village Road Sturbridge, MA 01566 from 9:00 a.m.—5:00 p.m.

All active and career retired military and their families (up to 6 people) receive free regular daytime admission, with additional 25% off for others in the party.



For The Kids

The Big E! Military Appreciation Day.

DATE: FRI, September 12 TIME: 11:00 a.m.—10:00 p.m.

LOCATION: Eastern States Exposition,

1305 Memorial Avenue, West Springfield FREE entry to The Big E! ID Required at the gate.

-Active Duty military personnel

Dependents of active duty

military personnel

Veterans (no dependents)

Visit their WEBSITE for more

information.



SUSPENSE DATE: November 1

WHO? 9-12 who Students in grades enrolled in a public, private or parochial high school or home study program in the United States and its territories.

The theme is: WHAT? Why Veterans Important to our Nation's History and Future.

Students should record their reading of the draft to a CD. The recording no shorter than three minutes and than five minutes.

WHERE? Applications and more information can be found on line at their WEBSITE.

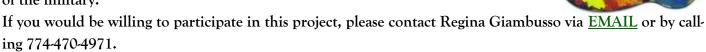
Veteran and Military Art Project

DATE: WED, September 17

TIME: 2:00 p.m. @ Barnstable Municipal Airport

Seeking Veteran participation in a project with our area students of art. The mission of the project is to provide students with the valuable opportunity to better understand the military and veteran community and to help enlighten the broader community on the reality of the military experience.

The students, mostly eighth graders, have been selected for their artistic aptitude and maturity, and will be provided with pre-written interview questions which will be provided to you in advance. The students will also be prepared by their teachers as to appropriate and respectful conduct while working with veterans and members of the military.



Veterans

Traumatic Brain Injury Family Retreat

DATE: September 26—28

LOCATION: Grotonwood Camp and Conference Center, 167 Prescott St, Groton

Retreats offer massage, yoga, acupuncture, art therapy, and Reiki, along with individual, couples and group counseling. The retreat is free, the only expense is transportation.

For more information EMAIL Genevieve Kane-Howse.

Women Veterans Retreat

DATE: October 3—5

LOCATION: Grotonwood Camp and Conference

Center, 167 Prescott St, Groton

Women Veterans lives are so full of responsibilities. Their concerns with family, jobs, health, finance, and personal relationships may override their community reintegration and enhanced quality of life.

To join, sign up on their WEBSITE.

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Employment Opportunities & Job Search Resources



Pay Attention!

The Service to Armed Forces department of the American Red Cross has been alerted to an email scam targeting people who send packages to service members overseas, purportedly on behalf of the "International Federation of the Red Cross".

"Good Day,

How are you? hope you are great and having a blessed day. i wish to let you know that the payment of \$1162 has been confirmed. In order to avoid all these casualties, you will have to make a payment of \$1550.00 via western union, with the previous payment details provided to you, so as to get the yellow tags and once payment is made before banking hours are out here, the packages and the van will be with you in less than 2 hours. You have to act fast about this my dear i expect to hear from you with the payment details soon. please make payments quickly so they can start coming over to you. delay in payments will inquire more charges and this is not good enough for you my dear friend please make payment as fast as you can and get to me so that the van can come and so that i can confirm payment here before bank closes.

Best Regards, Tracy Curtis Veal International Federation Of Red Cross and Cargo Ship ent.(Military Services Asia)"

If you or anyone you know does receive an email like this, please forward it to <u>Lynn Levine</u> and she will send it to the investigators at Red Cross National Headquarters.

Department of Agriculture

Food and Nutrition Service

The Summer Food Service Program (SFSP) was established to ensure eligible children continue to receive nutritious meals when schools are not in session. The summer feeding program currently reaches only about 3.5 million children on a typical summer day nationally. Summer meal sites are where all the hard work of the State agency, partnering organizations, and sponsors come together to provide fresh, well-balanced meals that are appetizing to children. For more information visit their <u>WEBSITE</u>.

Human Resources Specialist

LOCATION: Otis ANGB, MA JOB NUMBER: T14-102-27

This position is located within a Military Personnel Flight (MPF) of an Air National Guard (ANG) Intelligence Wing. This comprehensive description covers five programs/specialties within the Air National Guard Military Personnel Flight. The primary purpose is to administer and accomplish functions of one or more of the following human resources programs: Career Development, Customer Service, Force Management, Relocations, and/or Readiness. To apply go to the <u>WEBSITE</u>.

Job Fairs

DATE: TUE August 26

Boston Career Fair from 11:00 a.m.—2:00 p.m. Sheraton Commander Hotel

16 Garden St, Cambridge (<u>WEBSITE</u>)

DATE: WED August 27

Boston Job Fair @ 6:00 p.m.

Boston Marriott Newton

2345 Commonwealth Ave, Newton

(WEBSITE)

DATE: THU August 28

Tech & Engineering Job Fair

from 11:00 a.m.-3:00 p.m.

Boston Marriott Newton

2345 Commonwealth Ave, Newton

(WEBSITE)

DATE: THU September 4

CareerMD Job Fair from 5:00 p.m.—8:00 p.m.

Courtyard Boston Downtown

275 Tremont St, Boston (WEBSITE)

Boston Veteran Job Fair

from 11:00 a.m.-3:00 p.m.

Gillette Stadium

1 Patriot Place, Foxborough (WEBSITE)

Family Flyer....August 22, 2014



Golf Tournament

Sponsored by: Ballymeade Country Club and Cape and Islands Veterans Outreach Center and Grace Veteran Program.

DATE: MON October 6

LOCATION: Ballymeade Country Club, 125 Fal-

mouth Woods Road, East Falmouth, MA

EVENT SCHEDULE: 9:00 a.m. Registration and Continental Breakfast ; 10:00 a.m. Shotgun start/ Scramble

format

Boxed Lunch and Cash Bar/ Golf Prizes

and Raffles

COST: \$150 player / \$600 foursome

VETERAN: \$120 player HOLE SPONSOR: \$100

Includes: 18 holes of golf, Cart, Box

Lunch, Reception

Contact Jill Blanchard at 774-407-4971 or by EMAIL

for any further questions.

Thanks to Yanks

DATE: THUR September 11 from 6:00—8:00 p.m.

LOCATION: Double Tree Hamilton

11 Beaver St, Milford

Join for a special tribute

dinner for the heroes and victims of 9/11/01. The

dinner is FREE. Reservations are required by

September 8. To RSVP go to their WEBSITE or

EMAIL.

Pilgrimman Triathlon

DATE: Sep 27 & 28

LOCATION: DCR Myles Standish State Forest

Plymouth,

Sprint, Olympic, Half Iron, Relay Teams Over \$9,000 in prize money to the fastest athletes (pro or not). Adult and Youth age groups 12-14 & 15-17 Proceeds will benefit the Pilgrimman Scholarship at Plymouth North and South High School Visit their WEBSITE for more info.

Trade Winds Resort Deals

LOCATION: St. Pete Beach

Island Grand \$109 Parlors

Aug. 24 - 28. Sept. 1 - 4, 7, 12, 14 - 17, 21 - 26, 28 -

30. Oct. 1, 2, 5 - 9, 13 - 15, 19 - 23, 29 - 31.

Guy Harvey Outpost <u>\$99</u> Rooms

August 24 - 28. Sept. 1 - 5, 7 - 9, 14 - 18, 21 - 26, 28

- 30. Oct. 1, 2 5 - 9, 13 - 16, 19 - 23, 28 - 31.

Unlimited High Tide Slide and Triple Wipeout

Included with Every Stay!

Check with our Preferred Partners vacation advisors at 1.800.251.0613 for more great rates, room types and dates ... and last-minute deals.

Rates are for standard accommodations and do not include the \$35 per night resort amenity fee.

Reservations: 1.800.251.0613

Promo Code: VseMilitary or visit their WEBSITE

Veterans Fishing with Dan Kenney

DATE: September 27 from 8:00 a.m.—4:00 p.m.

LOCATION: Grotonwood Camp & Conference

Center, 167 Prescott St, Groton

Project New Hope Inc. would like to invite any Soldier/Airman and his/her family out for a day of fishing with Professional Fisherman Dan Kenney and his Bass Fishermen who will be present at our TBI Retreat with 6 to 10 boats.

Please register the name of each Airman, and if they are bringing their spouse/girlfriend and children to ensure we have meals for everyone.

Register on their WEBSITE.

Massachusetts National Guard Airman & Family Readiness Program Joint Base Cape Cod, MA



Requests to be added or removed from this distribution list may be sent directly to Erin.

Erin Creighton
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102IW/ A&FRPO
156 Reilly St Box 70
Otis ANG Base, MA 02542
Phone: 508–968–4855
Fax: 508–968–4846
erin.creighton@ang.af.mil

10% Off Your purchase at Edible Arrangements for Military Members!

Walk-in, Pick-up or Delivery... Whatever works for you! For Every Occasion!

Edible Arrangements in Plymouth, Sandwich and Yarmouth are now offering military members 10% their purchase of edible arrangements, for any and every occasion!



Store 254

Plymouth, MA 508-746-1717 WEBSITE Store 1126 Sandwich, MA 508-888-1336

508-888-1336 WEBSITE **Store 1020**

Yarmouth, MA 508-394-3100 WEBSITE

Enjoy Specially Priced Theme Park Military Tickets

Walt Disney World Resort is saluting U.S. military personnel by offering Disney 4-Day Military Promotional Tickets. The Park Hopper Option is included, so you can come and go as you please through all 4 theme parks each day of your ticket! Current Offer Tickets

Purchase now through September 24, 2014 and receive admission on any 4 days now through September 27, 2014 for just \$169, plus tax.

And if you're looking for a little extra magic, add the Water Park Fun & More option for just \$29 more,

And if you're looking for a little extra magic, add the Water Park Fun & More option for just \$30 more plus tax.

Kaehler Clinic Pharmacy Schedule MONTH OF AUGUST

New prescriptions from civilian providers will not be excepted due to pharmacist unavailability on:

· They accept civilian provider prescriptions: Mon, Tues, Thurs & Friday mornings 0800-1100.

Pharmacy is closed on:

· Wednesday mornings and Friday afternoons.





Veterans Voice

DATE: Wednesdays from 7:30 p.m.—8:30 p.m. LOCATION: 95.9 FM WATD

Shoe includes discussion on topics such as: Careers, Housing/ Family services, Education, Government benefits, Women's Veteran issues and stories from Veterans.

Interested being on the show call Gregg Brasso at 781-985-1551 or visit their WEBSITE.



plus tax.